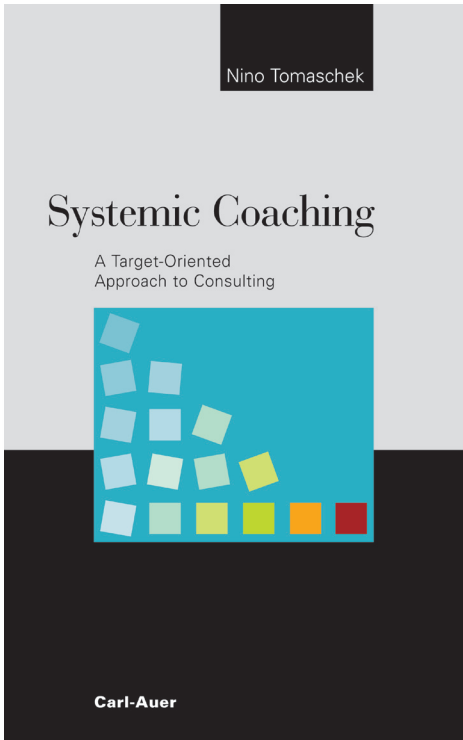


Nino Tomaschek

Systemic Coaching

A Target-Oriented Approach to Consulting



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92 Pages, Hardcover, 2006

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ISBN 10: 3-89670-545-8

ISBN 13: 978-3-89670-545-7

Systemic-constructivist coaching incorporates the ideas and thoughts of constructivist epistemology and cybernetic systems theory and puts them into practice. This book provides an in-depth study of systemic-constructivist coaching and illustrates its practical relevance by following the Kiel Consulting Model. With its special outline of the consulting process, this book presents a detailed description of the approach to target and solution-focused coaching. It discusses the techniques, principles, and strategies in practice-related examples.

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Institute for Psychology
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Nino Tomaschek, MAS, PhD, born in 1976, studied Philosophy, German Language and Literature, and Sociology at the University of Vienna, as well as International Human Resource Management and Organization Development at the PEF University in Vienna and at Ashridge Management College/London. Managing Director of the MBA program “Systemic Organization Development and Consulting” and Founder of “Brain-Trust: International research center for Systemic Organization Development and Consulting” at the University of Augsburg, Germany. Research areas: Transformation Management, Change Management, Organization Development, Innovation Coaching.

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